

# RULES & REGULATIONS FOR SAUNAS

1. Daily opening hours are from 6:30 a.m. to 10:30 p.m.
2. Persons aged 16 or below are not allowed to use Saunas. Guests shall be accompanied by a resident at all times.
3. Do not use the Saunas if pregnant or after drinking alcoholic beverages or suffering from cardiovascular disease, high blood pressure, skin diseases, any communicable diseases, blisters/cuts/sores on skin or if under medical treatment.
4. Recommended use is a maximum of 10 minutes.
5. Do not apply any oil, cream, greasy lotion or hair treatment products and please take a shower before use.
6. Users must wear swimsuit or a towel: soft-soled shoes can be worn if preferred.
7. Do not bring newspapers, books or magazines into the Saunas.
8. Saunas will take approximately 15 minutes to heat up after being switched on. To increase heat, pour a small amount of water onto the coals.
9. Keep the door closed when in use. Switch off the Saunas when finished or if they are not in use.
10. No eating, drinking, smoking, spitting or littering is allowed inside the room.
11. Users shall be held wholly responsible for all damage/loss/mess and the cost of repair/replacement/cleaning in respect of the Saunas and its equipment.
12. Users shall comply with the instructions given by the Manager. The Manager reserves the right to refuse admittance for any person who breaches any of the rules or causes nuisance or danger to other Clubhouse users.
13. The Manager reserves the right to amend the rules and regulations without prior notice.
14. The Manager reserves the right to suspend the Saunas at its absolute discretion without prior notice.
15. Users shall be solely responsible of their personal belongings. The Manager and its agents shall not be responsible for any loss, death, injury or damage arising out of or in connection with using the facilities.

## 桑拿室使用守則

1. 開放時間為每日上午六時三十分至晚上十時三十分。
2. 十六歲或以下之人士不可使用桑拿室。訪客必須由業戶全程陪同下方可使用。
3. 懷孕或酒後或患有心臟病、高血壓、皮膚病、傳播性疾病、身體有水泡/傷口/發炎、及正接受藥物治療之人士，切勿使用桑拿室。
4. 建議使用時間上限為十分鐘。
5. 進入桑拿室前，請先洗澡及切勿塗上任何乳霜、油脂乳液或頭髮焗油用品等。
6. 使用人士必須穿著泳衣或圍上毛巾。若有須要，可穿著軟皮平底鞋進入桑拿室。
7. 不可攜帶報章、書本或雜誌進入桑拿室。
8. 開啟後，桑拿浴室約需十五分鐘才會轉熱。如有需要提高溫度，可於碳上灑上少量水份。
9. 使用時請緊記關門。用後或沒有人使用桑拿室時，應關掉桑拿設備。
10. 場內嚴禁飲食、吸煙、隨地吐痰及亂拋垃圾。
11. 場地及場內一切設施及器材若有任何損毀/遺失/弄污等，使用者須負全責，並須繳付有關維修/更換/清潔費用。
12. 使用者必須遵守管理公司職員之指示。管理公司有權拒絕任何違反上述守則或騷擾或危害其他會所使用者的人士進入。
13. 管理公司保留隨時更改上述守則之權利而無須預先另行通知。
14. 管理公司保留隨時暫停開放桑拿室之權利而無須預先另行通知。
15. 應小心看管個人財物。任何人士使用本設施時，引致或造成任何損失、死亡、損傷或損毀，本管理公司概不負責。